

eBulletin – October 2012

This is the first of our regular eBulletins to keep you up to date with the work of the ESPaCC. We hope to publish the bulletins during each school term.

Update

- ESPaCC now represents 180 families across East Sussex. Thank you for your responses so far.
- We have an Information/Meet the ESPaCC event planned for [Wednesday 23 January 2013](#). More information will follow.
- Pathfinder project - Our reps are working hard to influence how the proposal for single plans for Education, Health and Care are delivered in the future.
- We have representatives working on transition, Early Years, Health and equipment services.
- We now have a link with Care for the Carers
- Health - We are aiming to establish links with the decision makers of the fast moving NHS reforms to ensure that the voice of parents and carers of children and young adults with disabilities is represented. However, it is proving difficult to find a way through the system to reach the right people. We will continue to try.
- Our first AGM is now planned for [Wednesday 20th March 2013](#). Another date for your diary. More information will follow.

Our offer of training

[Parents Participating Confidently](#) – This course will be offered for FREE to all members. The course aims to help strengthen your knowledge and skills to be able to feel confident in participation about your child/ren. It is a one day course with lunch included and will be repeated 3 times during the year.

Tuesday 13 November 2012 - Community Wise, Ocklynge Road, Eastbourne, BN21 1PY – 10.00 until 2.00

Wednesday 6 March 2013 – Crowborough Children's Centre – 10.00 until 2.00

Thursday 13 June 2013 – Venue to be agreed

[Bespoke training for those parents who want to represent our members or work in partnership with professionals](#)

Tuesday 12 March 2013 - Venue to be agreed

If you are interested in the training sessions please request a booking form from Yvonne. Email admin@eastsussexpacc.org or call or text on 07432 067242.

Upcoming opportunities for participation

- Help us to plan and deliver our information/Meet the ESPaCC event on 23 January
- Work with East Sussex County Council and other providers on a new concessions card for young disabled people
- Help East Sussex County Council to review its short breaks statement
- Be involved in the tender process for the new Children's Integrated Therapy Service. Two parent/carers are needed to help to design the questions for bidders and to help to assess the bids.
- Young and parent inspectors to tell us about their experiences as they visit venues across our region.
- 1 space – Volunteers needed to join the development group. 1space is a directory of care, support and wellbeing services. Meetings would be once per month in Eastbourne.
- College central needs two parents to sit on the management committee. This is a voluntary position and would involve attending 3 meetings per year. To be eligible you must have a child currently attending an East Sussex School.
- The 'Children's Equipment Service' would like parental involvement to look at the management and supply of the existing service (until April 2014 initially)

We always help new members to 'take their first steps into participation' with a buddy for support.

See our website for the most recent opportunities. www.eastsussexpacc.org

Special requests

Website and Facebook page

We need help with our communications. Can you spare a little time to help with updating the website and Face book page? ... Or do you know of a young person who has computer skills and would like to add to their CV. Please call us for more details.

Financial Advice

Our first AGM is coming soon. We need to have our accounts audited and in order. All our financial records will be up to date but we need professional help and advice. Are you/Do you know an accountant who could spare some time to help? Please call Yvonne for more details.

Picnic in the Park

We enjoyed a lovely hot day for our summer 'Picnic in the Park'. We would love to meet more members at our next event (suggestions please!)

Contact us

Yvonne – 07432 067242

admin@eastsussexpacc.org

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